

# The Hilderstone 100!

Dear students,

March 19<sup>th</sup> is a special day in the UK as it marks Comic Relief Red Nose Day. On this day, the whole nation pulls together to raise awareness of the charity and money for a good cause. This year, we need your help to spread the word.

From 1 - 19 March we aim to complete an overall target of 100km by walking/running/cycling/swimming/**dancing** from different locations around the world, using our network of students, representatives, hosts, staff, family and friends. All you need to do is a minimum of 1km for us to add to our global total. You don't even need to leave your house; indoor jogging is allowed too! To help us raise money for Red Nose Day, you need to follow these 4 easy steps:

- Do your 1km
- Send us a selfie or a picture from your walk/run/cycle/dance that you are happy for us to use online, with the location. You can send it to us via Instagram, Facebook or Twitter, or simply email it to me
- Share our challenge online with friends and family

The more people who pledge to do 1km, the faster we will reach our overall target. If you can do more than 1km, that is even better!

**Hilderstone College will make a donation to Comic Relief Red Nose Day for each km completed.** After a difficult year, we would very much like for the Hilderstone community, here and abroad, to get involved with us and have some fun, in the spirit of a good cause.

Thank you everyone and good luck.

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- Hilderstone College: rated a **Centre of Excellence** by the EL Gazette 2011-2021
- All Hilderstone College Teacher Development Courses are **eligible for Erasmus+ funding**.